

Lexington County Recreation & Aging Commission

Modified U-10 Soccer Rules

Referees are encouraged to explain the infractions to the players. The players, coaches, and spectators may not challenge the referee's rulings.

Law 1: Field of Play: Dimensions: 70 yards by 45 yards. The center circle has a radius of eight (8) yards. The goal areas are six (6) yards from each goal post, extended six (6) yards into the field of play. The penalty marks are fourteen (14) yards from each goal post, extended fourteen (14) yards into the field of play. The penalty marks are eighth (8) yards into the field of play from the center of the goal line. The goal size does not exceed 7 feet by 21 feet. All other FIFA rules apply.

Law 2: The Ball A size 4 ball is use. All other FIFA rules apply.

Law 3: The Number of Players Matches are played 8 versus 8, including the goalkeeper. Each player plays at least half the game unless for disciplinary purposes or injury. The referee and opposing coach must be notified if any player doesn't play half the games. There are only substitutions after the 1st, 2nd, and 3rd quarters. If a player is substituted because of an injury, the opposing coach may also substitute. The injured player may return to the field during the same quarter after he/she has been examined by the coach. The coach must inform the referee before he/she resubstitutes the injured player. Each player can only play goalkeeper for two quarters per game. ***All players are encouraged to play goalkeeper. Teams that fail to abide by the goalkeeper participation rule will forfeit the match provided the opposing coach protests in writing within a 24-hour period from the end of the game.*** All other FIFA rules apply.

Law 4: The Player's Equipment: All FIFA rules apply.

Law 5: The Referee: All FIFA rules apply. *Coaches are required to officiate their own games when the referee is not present. Coaches, as referees, must not be biased towards either team during the match.*

Law 6: The Assistant Referee: There are no assistant referees.

Law 7: The Duration of the Match: There will be four (4) twelve (12) minute quarters and a five (5) minute half-time break. The break between the 1st and 2nd quarters and the 3rd and 4th quarters will not exceed two (2) minutes. There will be no extra time. All other FIFA rules apply.

Law 8: The Start and Restart of Play: The start of the 2nd and 4th quarter will be where the referee stopped play at the end of the preceding quarter (i.e. throw-in, goal kick, corner kick, kick off). Referees should only use the drop ball method as last resort. All other FIFA rules apply.

Law 9: The Ball In and Out of Play: All FIFA rules apply.

Law 10: The Method of Scoring: All FIFA rules apply.

Law 11: Offside: Offside will be called but it must be obvious for the referee to see. The referee does not have the assistance of assistant referees. All other FIFA rules apply.

Law 12: Fouls and Misconduct: All FIFA rules apply.

Law 13: Free Kicks: All FIFA rules apply. Opponents must be eight (8) yards from the ball.

Law 14: The Penalty Kick: All FIFA rules apply. Opponents must be eight (8) yards from the ball.

Law 15: The Throw-In: All FIFA rules apply.

Law 16: The Goal Kick:

All FIFA rules apply.

Law 17: The Corner Kick:
the ball.

All other FIFA rules apply. Opponents must be eight (8) yards from

Terminal Area:
teams must be on opposites of the field.

Coaches and players must stay in their technical area. **Spectators and**