

Lexington County Recreation

Girls League

1. All Players present must play (1) full quarter. Each player must start and finish at least one (1) complete quarter. When they insert a player at the beginning of the quarter, he must remain in until he completes that entire quarter. No exceptions unless a player is sick or injured or fouls out. No player can substitute or be substituted for unless he has already played a complete quarter. Substitutions are at the coach's discretion after each player has fulfilled his required playing time. Reports of failure may result in suspension of the coach for his next ball game. Coaches must submit lineups to the official scorekeeper
2. A team who is ten (10) points ahead can not full court press as long as they remain (10) or more points ahead.
3. In all age groups, any type defense may be used. A team cannot full court press if they are ten (10) or more points ahead. 1st Violation of this rule will result in warning. Any violation after the 1st warning will result in a technical foul.
4. Except for the above exceptions, Official High School Basketball Rules will be used. Head coaches may stand up and instruct, but Assistant Coaches must remain seated on the bench during games. It will be left to the official's discretion on enforcing the leniency of Head Coaches standing on courtside.
5. The entire program will be under the direction of a supervisor.
6. The supervisor anytime with just reason may terminate all activities and lock the facility.
7. The supervisor will have complete authority over the activities in the facility, and the enforcement of all rules and regulations, and he/she will have complete determining authority over any situation that may rise.
8. No basketballs will be allowed in the gym Saturdays except for those supplied by the Recreation Commission, and those that the coaches take responsibility for.
9. Coaches are responsible for keeping their players off the gym floor when they are not participating in a game. Coaches that are removed or ejected for any game (or facility) or ejected after 2 direct technical fouls will be suspended from attending and/or coaching his next game.
10. Every effort should be made to start all games on time. In the past the games have been lasting too long. Your cooperation with the supervisor and referees would be appreciated.
11. All girls will play a five-second lane and a fifteen second backcourt.

12. Length of quarters will be (10 minutes) –Running Clock, All leagues will have a running clock that will only stop for officials time out and a team time out. A regulation clock will be used during the last two (2) minutes of the 2nd and 4th quarter.

13. Girls will play with the smaller ball (28.5).

14. The 8-10 year old age group will not adopt the (3) three point shot. This age group will also have a 12' foot free throw line.

15. Head to head competition will decide all ties in league standings.